

## PSL Counseling LLC

I \_\_\_\_\_ have been informed by Sara I. Alvarez, LMHC, MS, that while she is on vacation or/and in case of an emergency I would have to call the following:

- 1) 911
- 2) Saint Lucie County Crisis Line (772) 562 2000
- 3) 1800 suicide or 1800 784 2433
- 4) 1800 273 talk or 1800 273 8255
- 5) New Horizon (772) 468 5600
- 6) A 24 hour Counselor in Port St. Lucie (772) 337 4791 HOTLINE
- 7) Sara Alvarez LMHC (772) 204 2558 Office, or Cell (772) 204 6366
- 8) 211

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Patient's Signature

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Therapist's Signature